

About Michael R. Kutzke



Michael Kutzke is a full-time faculty member at Ridgewater College in Willmar, Minnesota and has taught as an adjunct instructor at St. Cloud State University, North Dakota State University, and Minnesota State University Moorhead. He has a M.S. Degree in Social Sciences from North Dakota State University, a B.A. Degree in Criminal Justice from Minnesota State University Moorhead. He has also worked as a police officer for 17 years where his experiences included patrol, investigations, and administration.

Michael has been professionally presenting training courses for over 15 years in a wide-range of topic areas. He has taught multiple academic courses at several colleges and has specialized training in personal and organizational growth and development, change management, supervision, social impact variables, and adult learning theory. Taking pride in his ability to blend humor, information, and adult learning principles, Michael delivers a powerful message with lasting impact.

Strategies to Deal with Change in the New Normal

Have you ever felt overloaded or overwhelmed? Are you prepared to identify and take advantage of the opportunities that future change will present? In a fun and fast-paced learning environment, this presentation designed to help individuals stay energized and positive in today's challenging work environment. This training focuses on providing strategies and ideas to assist you in effectively dealing with the impact of technology, information overload and personal and professional responsibilities. Please come prepared to smile, laugh and enjoy the presentation.

Resiliency: Taking Care of You

Do you struggle to accomplish everything you and others expect you to accomplish? Is your "to-do" list under control? This presentation will focus on the importance of self-care and self-efficacy, strategies to stay motivated and engaged in your day-to-day experiences and ideas to help you enjoy what you do. Please come prepared to smile, laugh and enjoy the experience.